



Lincolnshire Rural Support Network  
c/o Lincolnshire Agricultural Society  
Lincolnshire Showground  
Grange-de-Lings  
Lincoln  
LN2 2NA

Call our helpline: **0800 138 1710**  
Email: [helpline@lrsn.co.uk](mailto:helpline@lrsn.co.uk)  
Visit our website: [www.lrsn.co.uk](http://www.lrsn.co.uk)  
Head of charity: **Amy Thomas**  
Telephone: **07725 203560**  
Email: [amy.thomas@lrsn.co.uk](mailto:amy.thomas@lrsn.co.uk)

lincsruralsupportnetwork  
 @Lincsruralhelp

Company Registration No. 07182183  
Registered Charity No. 1137678  
Registered Office: Lincolnshire Showground,  
Grange-de-Lings, Lincoln LN2 2NA



## CASE STUDY

I had a routine health check at the Health Hut, and the LRSN nurse insisted that I go straight to my GP for further tests. A year, multiple surgeries and hospital stays later, I know that I wouldn't be here if I hadn't been into the LRSN Health Hut that day.

Service User

## LRSN is about people

This impact report demonstrates some fantastic achievements, but it is important to remember that LRSN is about people, their stories, the problems and challenges they face and their successes and achievements. We know that the support that we offer can be vital and sometimes lifesaving, and we are grateful to those people who have chosen to share their own story with us all.

Please scan and share this QR code and help us to encourage others to step forward and seek support when they need it.



## Treasurer's Report

Once again, I am very pleased to be able to report that the charity is in a financially healthy position. We can look back at another year of remarkable success, not only in the range and growth of our activities, but also in financial terms.

We have produced a surplus for the year ended March 2023 of £115,742, a small increase on that of the year ended March 2022. We have spent more, as all aspects of life re-opened after the pandemic, and as our activities to help the farming and horticultural community of Lincolnshire increased. However, we have managed to raise more from our generous funders to cover these increased costs.

Funding for charities such as LRSN is very likely to be curbed by many organisations in future, as so many aspects of life become harder to afford, whether for individuals, for businesses or for charitable bodies.

But we are in a sound financial position with which to face the many further challenges and headwinds we will meet in the coming months and years.

**Charles Holt** Treasurer

## FINANCIAL SUMMARY

For the year ended 31 March 2023

### INCOME

Fundraising, donations and legacies	328,199
Income from charitable activities and grants	114,444
Bank interest and net investment returns	-22,530
	<hr/> 420,113

### EXPENDITURE

Staff costs and expenses	233,910
Other charitable costs	69,525
Governance costs	936
	<hr/> 304,371
Surplus for the year	115,742

### ASSETS

Tangible fixed assets	10,443
Investments	657,871
	<hr/> 668,314

### CURRENT ASSETS

Debtors	19,186
Cash at bank	62,418
Liabilities	-31,906
Net current assets	49,698
Total assets less current liabilities	718,012
Net assets 31/03/2022	602,270
Asset surplus for the year	115,742

### ACCUMULATED FUNDS

Unrestricted	432,105
Restricted	285,907
	<hr/> 718,012

# lrsn

Lincolnshire Rural Support Network

## IMPACT REPORT 2022 2023

A lifeline for Lincolnshire's  
agricultural and horticultural  
folk, getting you back  
on track



Lincolnshire Rural Support Network

# IMPACT REPORT 2022 2023

**Our vision** is that no one in Lincolnshire's agricultural and horticultural community should face difficulty alone.

**Our mission** is to provide a lifeline to members of the agricultural and horticultural community across Lincolnshire.





## Time to celebrate the achievements of the past year

The publication of our annual Impact Report is an opportunity for LRSN to celebrate the achievements of the past year. It's clear to see the difference that LRSN has been able to make to people's lives, but we would not have been able to do so without the support of our community. The dedication of our volunteers and staff, and the generous support of our donors, corporate sponsors and funders, play an essential part in enabling LRSN to do what we do best.

We have had a busy year and I am in no doubt that the increases we have seen are in a large part due to the considerable and varied pressures facing our community. Stress and mental health-related concerns amongst the agricultural and horticultural community continue to grow, and we have recorded a 229% increase in stress and mental health cases across the last five years. The LRSN helpline has also been far busier having recorded a 90% increase in call volumes, compared to the previous year.

The introduction of the LRSN Health Hut has been extremely successful and has meant that we have been able to deliver far more essential health screening checks than ever before. We are also pleased to have been able to extend our partnership with Farming Community Network to set up a new clinic at Melton Mowbray Livestock Market, in the knowledge that many of our Lincolnshire farmers visit Melton Market on a regular basis. After a successful pilot where we saw many familiar faces from

Lincolnshire, we have been able to secure funding to run the clinic for a further two years. The success of our clinics and of the Health Hut in particular, is hugely significant as the people that we see in our clinics and on the Health Hut are those who tend not to access healthcare services in any other setting.

We anticipate that this increased level of need will continue, so we have been working with the whole team to refresh our strategic plan, in order to ensure that we are agile, responsive, well managed and sustainable. Our strategy seeks to build and improve upon what we know we do well, it refocuses us on the agricultural and horticultural communities of Lincolnshire alongside those working in allied industries. We hear first-hand how the unique challenges and pressures associated with our industry can impact on individual lives, and as the needs of our beneficiaries change, it is important to us that LRSN is fighting fit to provide the support that we are so passionate about.

**LRSN's vision is that no one in Lincolnshire's agricultural and horticultural community should face difficulty alone and I would like to thank each and every one of you for your support in making our vision a reality.**

**Matt Phillips** LRSN Chair

## How you can help us

### Referrals

- Refer someone to us who may need our help

### Volunteer

- Give us your time, skills and knowledge
- Join our support work team dealing with day-to-day referrals
- Join our helpline team taking calls from those who need help
- Join our task force and help promote our work and raise funds for us

### Donate

- Make an annual or one-off donation by completing the form on our website, including the Gift Aid Declaration
- Leave a gift in your will

### Fundraise for us

- Hold fundraising events in aid of LRSN
- Nominate LRSN as your organisation's Charity of the Year
- Challenge yourself to run, ride, swim and walk: whatever your challenge, choose to support LRSN
- Provide sponsorship – talk to us about opportunities

### Publicity

- Tell people about LRSN
- Display our posters, newsletters or hand out our leaflets

### Help us in other ways

- If you would like to receive our newsletter, information about events or information about sponsorship opportunities, please get in touch with us, by email at [info@lrsn.co.uk](mailto:info@lrsn.co.uk)

### CASE STUDY

LRSN offer an extremely valuable service, and the help and support they provide is second to none. They are invaluable, especially during hard times.

**Service User**

### CASE STUDY

If I'm honest, we would be in dire straits without the support of LRSN, one way or another we wouldn't be here now.

**Service User**

Our team of **52** volunteers have given **14,139** HOURS of their time to help support agricultural and horticultural families across Lincolnshire.

This is equal to an economic value of **£241,918.29**

**171** Helpline calls received - social value **£11.46**

**100%** of people felt more hopeful for the future as a result of LRSN support

**95%** of people were better able to look after their physical health as a result of LRSN support

**1002** health checks at Louth Market, Melton Mowbray Market and Spalding Auction - social value **£8.20**

**2729** health checks at the Health Hut - social value **£10.73**

Debt managed for our clients **£1,117,208**

Finance maximised for our clients **£2,909,384**

**95%** of people supported felt better able to manage their day-to-day lives

**100%** of people supported felt less anxious and alone

**216** families supported - social value **£6.49**

**9136** volunteer hours working 1:1 with clients

**100%** of people supported were better able to manage their mental health

Our work is made possible by our generous supporters who have raised **£328,199**

**100%** of people supported would recommend LRSN to a colleague, relative or friend

We are Lincolnshire's listening ear

We are... **lrsn**

We are here for you to get you back on track together

For over 20 years LRSN and its volunteers have provided pastoral and practical help to Lincolnshire's farming and horticultural families.

We are Lincolnshire's listening ear – we understand and can relate to the problems faced by our agricultural and horticultural community in times of crisis, stress and change. We provide a one to one service tailored to individual needs and walk alongside Lincolnshire's farmers and growers to support them in finding the answers to their problems.

