



Smailes Goldie Turner
Accountants for Agriculture

Lincolnshire Rural Support Network

Unaudited Financial Statements

31st March 2018



Lincolnshire Rural Support Network

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Lincolnshire Rural Support Network

**Reference and Administrative Details
for the Year Ended 31st March 2018**

TRUSTEES

Richard J Anderson
Della M Armstrong
Lisa M Boileau
G Jane Chard
Rev David J Creasey (Vice Chairman)
Stephen J Francis
Jim E Godfrey
Charles M R Holt (Treasurer)
M A (Tony) Molyneux
Rev Canon Alan J Robson
Meryl S Ward (Chairman)

MANAGER

Alison Twiddy

REGISTERED OFFICE

Lincolnshire Showground,
Grange-de-lings
Lincoln
LN2 2NA

**REGISTERED COMPANY
NUMBER**

07182183 (England and Wales)

**REGISTERED CHARITY
NUMBER**

1137678

INDEPENDENT EXAMINER

Smailes Goldie Turner Limited
Chartered Accountants
Regent's Court
Princess Street
Hull
East Yorkshire
HU2 8BA

BANKERS

Lloyds Bank plc
High Street
Lincoln

Lincolnshire Rural Support Network

Report of the Trustees for the year ended 31st March 2018

The trustees, who are also directors of the charitable company, present their annual report and financial statements of the charity for the year ended 31 March 2018.

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the incoming resources, including its income and expenditure, of the group for the year. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgments and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the requirements of the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees wish to express their gratitude for the work of our manager, Alison Twiddy, the secretary to Trustees, Sophie Dunn, the Market Nurses, Heather Dawes and Sandi Duffy, and the case worker, Lea Schofield.

Trustees appointed during the year are confirmed at the next Annual General Meeting held each year. Trustees are appointed for three years but can be re-elected.

The trustees can be contacted at Lincolnshire Rural Support Network, c/o Lincolnshire Agricultural Society, Lincolnshire Showground, Grange-de-Lings, Lincoln, LN2 2NA.

Objects, organisation and activities

The charity was established in 2003. The objective is to harness the human and financial resources available to improve social and mental wellbeing of individuals in rural Lincolnshire, in particular, but not exclusively, through the provision of information and support.

The charity was incorporated as a company limited by guarantee on 9th March 2010; it is registered under the Companies Act 2006 and is governed by its Articles of Association. The Company Number is 07182183 and its charity registration number is 1137678.

The charity operates from the address above and the trustees can be contacted at the registered office. The charity organises groups of volunteers giving support to individuals who are finding great difficulty in coping with stressful situations in rural Lincolnshire. In the Spring of 2009 a health screening facility was introduced in Louth Livestock Market, extended to the Regional Livestock Market at Newark in the Spring of 2010 and more recently to Spalding Auction in May 2013. The charity also provides a Freephone helpline staffed by volunteers and accessible every day of the year between the hours of 8am and 6pm.

Lincolnshire Rural Support Network

Report of the Trustees for the year ended 31st March 2018

Review of financial activities and affairs

In the year to 31st March 2018 the charity received much of its income in the form of grant income and donations from both individuals and charitable trusts. The charity also receives bank interest. The trustees report net incoming resources of £440 which are added to the charity's accumulated funds.

Building on our success

The charity under the leadership of the CAB trained manager has continued to expand its work within the Lincolnshire farming and wider rural community. The work of the charity is summarised in the table below and represents stable Case Load and Health Screening volumes.

Performance period ending	q/e 30 June 2017			q/e 30 September 2017			q/e 31 December 2017			q/e 31 March 2018		
Volume of casework managed	71			58			56			71		
Annual income improvement overall	£2,001,000			£12,000			£0			£0		
Amount of debt management supported	£3,770,000			£1,235,000			£2,735,000			£2,735,000		
Number of client related contacts	485			291			256			284		
Helpline calls received	16			20			20			36		
	Louth	Newark	Spalding	Louth	Newark	Spalding	Louth	Newark	Spalding	Louth	Newark	Spalding
Health screening tests completed	50	151	87	51	141	82	69	105	75	50	112	81
Referrals to GP	0	3	2	2	4	3	2	4	4	2	3	4
Other referrals	0	1	4	0	3	1	2	0	1	3	1	4
Remedial health care advice given	15	28	12	10	26	13	14	30	18	14	28	8

The health screening services continues to develop with significant support from the community throughout Lincolnshire enabling the work of the charity to be greatly expanded. There is now a need for more volunteers particularly with skills to assist people with mental health problems. LRSN continues to work closely with Nottinghamshire Rural Support Charity with the charities sharing experience and resources. These include a helpline, the training programmes and the management and publicity of health screening services.

Dr Annie Borrill MBBS MRCGP DFFP took up the post of Medical Director in early January 2016. She has a wealth of experience as a GP Partner at South Axholme Group Practice, Epworth. As a member of a North Lincolnshire farming family she also brings an understanding of the issues that face farmers and their families. She plays a key role in overseeing the clinical governance of our health screening service.

Volunteers

The enlarged support group is divided into groups covering the helpline, caseworker visits, publicity, ideas and promotion. The main activities of the helpline and farm visits is to provide a tailored mix of advocacy, signposting and practical and emotional assistance, which enables clients to determine their own strategies for the future of their business and the farming family.

Lincolnshire Rural Support Network

Report of the Trustees for the year ended 31st March 2018

Publicity, ideas and promotion

LRSN has been promoted through its website www.lrsn.co.uk, the quarterly newsletter, the media, agricultural events, farmers' organisations, markets and wider rural community events. This has enabled the charity to achieve wider recognition and gain substantial financial support from the rural community.

Review of our promotion strategy has led to the decision that the charity will undertake 2/3 main promotional fundraising events each year including our AGM with auction of promises. Remaining events each year will be in collaboration with other rural charities and partners. These have included a golf day and the second Lincolnshire Rural Charities Dinner in April 2016. A third Dinner is planned for April 2019.

This strategy has seen us extend the knowledge and support for our work to a much wider audience and examination of our caseload has shown that our service users are now widely distributed throughout the county.

New developments

Calls to the helpline telephone are now free of charge and accessible through a Freephone number which is 0800 138 1710.

Our volunteers are at the heart of all we do so in 2016 we decided to apply for accreditation in the Investors in Volunteers (IiV) scheme. We received full accreditation in October 2016.

The Prince's Farm Resilience Programme was announced on 19th March, when HRH Prince Charles visited Louth Market. We were invited to be the delivery partner for the programme at this event. The Programme is due to be delivered in 2018/19.

In October 2014 we entered into a partnership with Macmillan and NFU Mutual to introduce Cancer Information and Support into our health screening service. Service users have already benefitted from the added value of accessing this support from our Macmillan trained nurses.

We have worked collaboratively with National Federation of Young Farmers Clubs (NFYFC) YFC and Farm Community Network (FCN) to produce a film and workshop as part of the YFC Rural+ Initiative to raise awareness amongst YFC members of the importance of good mental health and to encourage them to feel comfortable to talk and seek help when they or their families are having problems. We have already delivered seven workshops to clubs in Lincolnshire and plan to deliver workshops to the remaining Lincolnshire Clubs throughout the coming year.

We secured funding for a project with Lincoln University to upskill our volunteer caseworkers to be able to better support service users with mental health problems. The project involved training and supervision on Solution Focussed conversations approach over a 1 year period by the University Head of Psychology. The project has been fully evaluated by the University and a report was produced in September 2017.

Lincolnshire Rural Support Network

Report of the Trustees for the year ended 31st March 2018

Partnerships

With the support of FCN LRSN has made local and national government aware of the problems faced by farmers and their families, notably the impact of the bureaucratic burden and in particular issues relating to Rural Payments Agency, tuberculosis in cattle, etc. We have close links with Nottinghamshire Rural Support (NRS), Royal Agricultural Benevolent Institution (RABI), ARC-Addington, Local Government, Diocese of Lincoln, National Farmers Union, Lincoln University, and Trading Standards with farm visits being arranged at our instigation.

We continue to work with the Lincolnshire Agricultural Society (LAS) and the Lincolnshire Community Foundation to expand and develop the work of the Lincolnshire Agricultural and Rural Community Fund (LARC). We are working closely with the Diocese, the Methodist District, the Lincolnshire Agricultural Society and the Lincolnshire Community Foundation to secure the structure and funding to make sure Agricultural Chaplaincy has a continued presence throughout Lincolnshire.

Funding

The charity is grateful for support and assistance from the local NHS and significant contributions from the farming and rural community without whom it would not be possible to service the needs of the rural community in Lincolnshire.

The Trustees thank their sponsors Frontier Agriculture, Waynflete Foundation, our independent examiners Smailes Goldie Turner, Optum Commissioning Support Unit, National Farmers Union (NFU), Brown & Co, Young Farmers, Springfield House Association, Woldmarsh, Wright Vigar, Peacock & Binnington, land agents, solicitors and the many others who have given generously to the fundraising efforts over the last year and not least the volunteers of the Lincolnshire Rural Support Network. The value of this support is substantial and has had the effect of reducing our costs this year by an estimated £30,000.

The major challenge continues to be the funding of the health screening service though we are pleased to report that the Clinical Commissioning Groups (CCGs) have awarded a further year's contract until April 2019. Following a review by Newark and Sherwood CCGs costs for the Nottinghamshire service users at Newark Livestock Market was withdrawn from April 2017. We are working closely with NRS to support their campaign to raise funds to meet this shortfall, with significant success.

Public Benefit

In setting objectives and planning activities the trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit.

Reserves

The trustees seek to maintain a prudent level of reserves so as to enable six months of expenditure to be financed and to enable the expanded services to be established. There are specific funds restricted to the provision of the health screening service, training and to the placement of our caseworker in South Lincolnshire.

Risk Analysis

In November 2016 we initiated a comprehensive review of our governance and risk management processes and a programme of work to address all areas identified for improvement is in place and reviewed regularly by the Board.

Lincolnshire Rural Support Network

**Report of the Trustees
for the year ended 31st March 2018**

GDPR

The trustees acknowledge their duty to comply with the new GDPR legislation. A working group has been established to ensure that, as far as possible, the charity does indeed comply.

SIGNED BY ORDER OF THE TRUSTEES

C M R Holt
Trustee
29th October, 2018

Independent Examiner's Report to the Trustees of Lincolnshire Rural Support Network

Independent examiner's report to the trustees of Lincolnshire Rural Support Network ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2018.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

S. T. Bramall, BSc., F.C.A.,
Smailes Goldie Turner Limited
Chartered Accountants
Regent's Court
Princess Street
Hull
East Yorkshire
HU2 8BA

29th October, 2018

Lincolnshire Rural Support Network

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the year ended 31st March 2018

	Notes	Unrestricted fund £	Restricted funds £	2018 Total funds £	2017 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	69,400	814	70,214	88,769
Charitable activities	4	20,680	17,000	37,680	47,827
Investment income	3	<u>1,527</u>	<u>-</u>	<u>1,527</u>	<u>602</u>
Total		91,607	17,814	109,421	137,198
EXPENDITURE ON					
Charitable activities	5	<u>76,497</u>	<u>32,484</u>	<u>108,981</u>	<u>111,117</u>
NET INCOME/(EXPENDITURE)		15,110	(14,670)	440	26,081
RECONCILIATION OF FUNDS					
Total funds brought forward		103,534	100,963	204,497	178,416
TOTAL FUNDS CARRIED FORWARD		<u>118,644</u>	<u>86,293</u>	<u>204,937</u>	<u>204,497</u>

The notes form part of these financial statements

Lincolnshire Rural Support Network

**Balance Sheet
At 31st March 2018**

	Notes	2018 £	2017 £
FIXED ASSETS			
Tangible assets	9	64	440
CURRENT ASSETS			
Debtors	10	5,969	10,581
Cash at bank	11	<u>218,016</u>	<u>212,924</u>
		223,985	223,505
CREDITORS			
Amounts falling due within one year	12	<u>(19,112)</u>	<u>(19,448)</u>
NET CURRENT ASSETS		<u>204,873</u>	<u>204,057</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>204,937</u>	<u>204,497</u>
NET ASSETS		<u>204,937</u>	<u>204,497</u>
FUNDS	13		
Unrestricted funds		118,644	103,534
Restricted funds		<u>86,293</u>	<u>100,963</u>
TOTAL FUNDS		<u>204,937</u>	<u>204,497</u>

The notes form part of these financial statements

Lincolnshire Rural Support Network

**Balance Sheet - continued
At 31st March 2018**

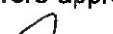
The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 29th October, 2018 and were signed on its behalf by: 

C M R Holt -Trustee

Lincolnshire Rural Support Network

Notes to the Financial Statements for the year ended 31st March 2018

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Market equipment	- 33% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteer contribution

Trustees and volunteers provide support to Lincolnshire Rural Support Network. It is neither practical nor feasible to place an accurate value on the time volunteered by these persons.

2. DONATIONS AND LEGACIES

	2018	2017
	£	£
Fundraising	16,808	32,501
Donations	53,406	56,268
	<u>70,214</u>	<u>88,769</u>

Lincolnshire Rural Support Network

Notes to the Financial Statements - continued
for the year ended 31st March 2018

3. INVESTMENT INCOME

	2018	2017
	£	£
Deposit account interest	<u>1,527</u>	<u>602</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	2018	2017
	£	£
Grants	<u>37,680</u>	<u>47,827</u>

5. COSTS OF CHARITABLE ACTIVITIES

	2018	2017
	£	£
DIRECT		
Administrator's salary and expenses	21,486	22,362
Managers salary and expenses	25,105	22,846
Pension and payroll costs	565	1,287
Travel	7,276	8,543
Market Nurses (including consumables)	16,390	19,253
Case worker	9,342	11,435
Training	8,448	8,245
Depreciation	376	739
Insurance	1,870	1,983
Promotion and publicity	9,134	6,427
Postage stationery telephone meetings and software	8,199	7,396
Bank charges	128	31
Sundries	50	-
	<u>108,369</u>	<u>110,547</u>

SUPPORT COSTS

	2018	2017
	£	£
Examiner's fee	<u>612</u>	<u>570</u>

	2018	2017
	£	£
Total costs of charitable activities	<u>108,981</u>	<u>111,117</u>

Lincolnshire Rural Support Network

Notes to the Financial Statements - continued for the year ended 31st March 2018

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2018	2017
	£	£
Depreciation - owned assets	<u>376</u>	<u>739</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2018 nor for the year ended 31st March 2017.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2018 nor for the year ended 31st March 2017.

8. STAFF COSTS

	2018	2017
	£	£
Wages and salaries	53,772	56,050
Social security costs	13,107	14,186
Pension	<u>565</u>	-
	<u>67,444</u>	<u>70,236</u>

The average monthly number of employees during the year was as follows:

	2018	2017
	£	£
Case worker	1	1
Market nurses	2	2
Management	1	1
Administrator	<u>1</u>	<u>2</u>
	<u>5</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

Lincolnshire Rural Support Network

Notes to the Financial Statements - continued
for the year ended 31st March 2018

9. TANGIBLE FIXED ASSETS

	Market equipment £	Computer equipment £	Totals £
COST			
At 1st April 2017 and 31st March 2018	<u>686</u>	<u>6,630</u>	<u>7,316</u>
DEPRECIATION			
At 1st April 2017	686	6,190	6,876
Charge for year	<u>-</u>	<u>376</u>	<u>376</u>
At 31st March 2018	<u>686</u>	<u>6,566</u>	<u>7,252</u>
NET BOOK VALUE			
At 31st March 2018	<u>-</u>	<u>64</u>	<u>64</u>
At 31st March 2017	<u>-</u>	<u>440</u>	<u>440</u>

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
NHS funding	1,226	7,232
Prepayments	1,470	1,576
Gift aid	<u>3,273</u>	<u>1,773</u>
	<u>5,969</u>	<u>10,581</u>

Lincolnshire Rural Support Network

Notes to the Financial Statements - continued
for the year ended 31st March 2018

11. CASH AT BANK

	2018	2017
	£	£
Current account	8,305	10,726
Deposit accounts	39,219	102,198
Money market account	<u>170,492</u>	<u>100,000</u>
Total	<u>218,016</u>	<u>212,924</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018	2017
	£	£
Accruals	6,717	4,523
Deferred income - Golf	1,500	4,030
Deferred income - Dinner	<u>10,895</u>	<u>10,895</u>
	<u>19,112</u>	<u>19,448</u>

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund	Restricted funds	2018 Total funds	2017 Total funds
	£	£	£	£
Fixed assets	64	-	64	440
Current assets	137,692	86,293	223,985	223,505
Current liabilities	<u>(19,112)</u>	<u>-</u>	<u>(19,112)</u>	<u>(19,448)</u>
	<u>118,644</u>	<u>86,293</u>	<u>204,937</u>	<u>204,497</u>

14. MOVEMENT IN FUNDS

	At 1.4.17 £	Net movement in funds £	At 31.3.18 £
Unrestricted funds			
General fund	103,534	15,110	118,644
Restricted funds			
Donations for case worker in South Lincolnshire	10,268	(9,342)	926
Grants towards health screening facilities	68,247	(13,880)	54,367
Grants towards training	21,274	8,552	29,826
Chaplaincy fund	1,174	-	1,174
	<u>100,963</u>	<u>(14,670)</u>	<u>86,293</u>
TOTAL FUNDS	<u>204,497</u>	<u>440</u>	<u>204,937</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	91,607	(76,497)	15,110
Restricted funds			
Donations for case worker in South Lincolnshire	-	(9,342)	(9,342)
Grants towards health screening facilities	814	(14,694)	(13,880)
Grants towards training	17,000	(8,448)	8,552
	<u>17,814</u>	<u>(32,484)</u>	<u>(14,670)</u>
TOTAL FUNDS	<u>109,421</u>	<u>(108,981)</u>	<u>440</u>