



Smailes Goldie
Chartered Accountants

Registered Number: 07182183
Registered Charity Number: 1124982

Lincolnshire Rural Support Network

Unaudited Financial Statements

31st March 2016



Chartered
accountant
& lawyers



Lincolnshire Rural Support Network

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Lincolnshire Rural Support Network

Reference and Administrative Details

For the year ended 31st March 2016

TRUSTEES:	Richard J Alderson Della M Armstrong G Jane Chard Rev David J Creasey (Vice Chairman) Stephen J Francis Jim E Godfrey Charles M R Holt (Treasurer) M A (Tony) Molyneux Rev Canon Alan J Robson Meryl S Ward (Chairman) Lisa M Boileau (appointed 16 February 2016)
MANAGER:	Alison Twiddy
REGISTERED OFFICE:	Lincolnshire Showground Grange – De - Lings Lincoln LN2 2NA
COMPANY NUMBER:	07182183
CHARITY NUMBER:	1137678
INDEPENDENT EXAMINERS:	Smailes Goldie Regent's Court Princess Street Hull HU2 8BA
BANKERS:	Lloyds Bank plc High Street Lincoln

Lincolnshire Rural Support Network

Report of the Trustees

For the year ended 31st March 2016

The trustees, who are also directors of the charitable company, present their annual report and financial statements of the charity for the year ended 31 March 2016.

Trustees

Richard J Alderson
Della M Armstrong
G Jane Chard
Rev David J Creasey (Vice Chairman)
Stephen J Francis
Jim E Godfrey
Charles M R Holt (Treasurer)
M A (Tony) Molyneux
Rev Canon Alan J Robson
Meryl S Ward (Chairman)
Lisa M Boileau (appointed 16 February 2016)

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the incoming resources, including its income and expenditure, of the group for the year. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgments and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the requirements of the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees wish to express their gratitude for the work of our manager, Alison Twiddy, the secretary to Trustees, Sophie Dunn, the Market Nurses, Heather Dawes and Sandi Duffy, the case worker, Lea Schofield, and administrative assistant, Justine Lyons.

Trustees appointed during the year are confirmed at the next Annual General Meeting held each year. Trustees are appointed for three years but can be re-elected.

The trustees can be contacted at Lincolnshire Rural Support Network, c/o Lincolnshire Agricultural Society, Lincolnshire Showground, Grange-de-Lings, Lincoln, LN2 2NA.

Lincolnshire Rural Support Network

Report of the Trustees

For the year ended 31st March 2016

Objects, organisation and activities

The charity was established in 2003. The objective is to harness the human and financial resources available to improve social and mental wellbeing of individuals in rural Lincolnshire, in particular, but not exclusively, through the provision of information and support.

The charity was incorporated as a company limited by guarantee on 9th March 2010; it is registered under the Companies Act 2006 and is governed by its Articles of Association. The Company Number is 07182183 and its charity registration number is 1137678.

The charity operates from the address above and the trustees can be contacted at the registered office. The charity organises groups of volunteers giving support to individuals who are finding great difficulty in coping with stressful situations in rural Lincolnshire. In the Spring of 2009 a health screening facility was introduced in Louth Livestock Market, extended to the Regional Livestock Market at Newark in the Spring of 2010 and more recently to Spalding Auction in May 2013. The charity also provides a Freephone helpline staffed by volunteers and accessible every day of the year between the hours of 8am and 6pm.

Review of financial activities and affairs

In the year to 31st March 2016 the charity received much of its income in the form of grant income and donations from both individuals and charitable trusts. The charity also receives bank interest. The trustees report net incoming resources of £38,292 which are added to the charity's accumulated funds.

Building on our success

The charity under the leadership of the CAB trained manager has continued to expand its work within the Lincolnshire farming and wider rural community. The work of the charity is summarised in the table below and represents stable Case Load and Health Screening volumes.

Performance period ending	q/e 30 June 2015			q/e 30 September 2015			q/e 31 December 2015			q/e 31 March 2016		
	Louth	Newark	Spalding	Louth	Newark	Spalding	Louth	Newark	Spalding	Louth	Newark	Spalding
Volume of casework managed			41			51			61			70
Annual income improvement overall			£760,000			£4,328			NIL			£67,080
Amount of debt management supported			£560,000			£380,000			£380,000			£551,800
Number of client related contacts			497			454			500			492
Helpline calls received			23			14			25			23
Health screening tests completed	54	137	40	54	131	44	46	110	61	70	145	67
Referrals to GP	3	3	2	3	3	4	2	3	3	3	3	7
Other referrals	4	4	1	1	1	1	2	6	1	0	4	3
Remedial health care advice given	17	33	13	14	32	9	14	22	25	19	37	21

The health screening services continues to develop with significant support from the community throughout Lincolnshire enabling the work of the charity to be greatly expanded. There is now a need for more volunteers particularly with skills to assist people with mental health problems. LRSN continues to work closely with Nottinghamshire Rural Support Charity with the charities sharing experience and resources. These include a helpline, the training programmes and the management and publicity of health screening services.

Lincolnshire Rural Support Network

Report of the Trustees

For the year ended 31st March 2016

Dr Annie Borrill MBBS MRCP DFFP took up the post of Medical Director in early January 2015. We are very lucky to have her as she has a wealth of experience as a GP Partner at South Axholme Group Practice, Epworth. As a member of a North Lincolnshire farming family she also brings an understanding of the issues that face farmers and their families. She is a very welcome addition to the LRSN team.

Volunteers

The enlarged support group is divided into groups covering the helpline, caseworker visits, publicity, ideas and promotion. The main activities of the helpline and farm visits is to provide a tailored mix of advocacy, signposting and practical and emotional assistance, which in many cases enables clients to determine their own strategies for the future of their business and the farming family.

Publicity, ideas and promotion

LRSN has been promoted through its website www.lrsn.co.uk, the quarterly newsletter, the media, agricultural events, farmers' organisations, markets and wider rural community events. This has enabled the charity to achieve wider recognition and gain substantial financial support from the rural community.

Review of our promotion strategy has led to the decision that the charity will undertake 2/3 main promotional fundraising events each year including our AGM with auction of promises. Remaining events each year will be in collaboration with other rural charities and partners. These have included a race day, a golf day and the second Lincolnshire Rural Charities Dinner in April 2016.

This strategy has seen us extend the knowledge and support for our work to a much wider audience and examination of our caseload has shown that our service users are now widely distributed throughout the county.

New developments

Calls to the helpline telephone are now free of charge as there is now a Freephone number which is 0800 138 1710.

We have recently agreed to participate in Investors in Volunteers to ensure that we are making effective use of the people that help the charity in undertaking its work. We are pleased to report that following a formal assessment in August 2016 we are to be recommended for accreditation later in 2016.

A project has been undertaken supported by the Mental Health Prevention Fund, which has enabled the impact/improvement of LRSN's service to be better evaluated. The potential of Social Networks, notably Facebook, to widen our contacts in the community particularly amongst the younger generations is being explored.

In October 2014 we entered into a partnership with Macmillan and NFU Mutual to introduce Cancer Information and Support into our health screening service. Service users have already benefitted from the added value of accessing this support from our Macmillan trained nurses.

We are also working collaboratively with YFC and Farm Community Network (FCN) to produce a film and workshop as part of the YFC Rural+ Initiative to raise awareness amongst YFC members of the importance of good mental health and to encourage them to feel comfortable to talk and seek help when they or their families are having problems. We intend to work with Lincolnshire YFC on delivering these workshops through a planned schedule throughout the coming year.

Lincolnshire Rural Support Network

Report of the Trustees

For the year ended 31st March 2016

Partnerships

With the support of FCN LRSN has made local and national government aware of the problems faced by farmers and their families, notably the impact of the bureaucratic burden and in particular issues relating to Rural Payments Agency, tuberculosis in cattle, etc. We have close links with Nottinghamshire Rural Support, Lincolnshire Chaplaincy Services (LCS), Lincolnshire and Nottinghamshire Air Ambulance (LNAA), Royal Agricultural Benevolent Institution (RABI), ARC-Addington, Local Government, Diocese of Lincoln, National Farmers Union, Lincoln University, and Trading Standards with farm visits being arranged at our instigation. We continue to work with the Lincolnshire Agricultural Society (LAS) and the Lincolnshire Community Foundation to expand and develop the work of the Lincolnshire Agricultural and Rural Community Fund (LARC).

Funding

The charity is grateful for support and assistance from Local Government and significant contributions from the farming and rural community without whom it would not be possible to service the needs of the rural community in Lincolnshire. The Trustees thank their sponsors Frontier Agriculture, The Waynflete Charitable Trust, our independent examiners Smailes Goldie Turner, Greater East Midlands Commissioning Support Unit (GEMCSU), National Farmers Union (NFU), Brown & Co, Young Farmers, Springfield House Association, Woldmarsh, Lincolnshire Chaplaincy Service, ABN, land agents, solicitors and the many others who have given generously to the fundraising efforts over the last year and not least the volunteers of the Lincolnshire Rural Support Network. The value of this support is substantial and has had the effect of reducing our costs this year by an estimated £40,000.

The major challenge continues to be the funding of the health screening service as there is only a short term agreement until March 2017 from the Clinical Commissioning Groups (CCGs). Newark and Sherwood CCG are already reviewing their support of our health screening costs at Newark Livestock Market

Public Benefit

In setting objectives and planning activities the trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit.

Reserves

The trustees seek to maintain a prudent level of reserves so as to enable six months of expenditure to be financed and to enable the expanded services to be established. There are specific funds restricted to the provision of the health screening service, training and to the placement of our caseworker in South Lincolnshire.

Risk Analysis

The risk analysis has been revisited and a long term business plan put in place. In addition all contracts, conditions of employment and memorandum of understandings have been reviewed by the charity's legal advisors.

SIGNED BY ORDER OF THE TRUSTEES



C M R Holt
Trustee
17 October 2016

Independent Examiner's Report to the Trustees of Lincolnshire Rural Support Network

I report on the accounts of the trust for the year ended 31st March 2016, set out on pages 7 to 12.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures specified in the General Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act;
- and state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
- have not been met; or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

S. T. Bramall, BSc., F.C.A.,
Smailes Goldie Turner Limited,
Chartered Accountants,
Regent's Court,
Princess Street,
Hull.
HU2 8BA
17 October 2016

Lincolnshire Rural Support Network

Statement of Financial Activities

(incorporating an income and expenditure account)

For the year ended 31st March 2016

	Notes	Restricted funds £	Unrestricted funds £	2016 Total funds £	2015 Total funds £
Incoming resources					
Fundraising		-	35,223	35,223	30,106
Grants		60,281	-	60,281	39,196
Bank interest		-	748	748	715
Donations		-	54,889	54,889	55,099
Total		<u>60,281</u>	<u>90,860</u>	<u>151,141</u>	<u>125,116</u>
Expenditure on:					
Raising funds		-	16,600	16,600	5,905
Charitable activities					
Administrator's salary and expenses		-	19,523	19,523	17,665
Managers salary		-	14,866	14,866	16,519
Travel		-	6,285	6,285	5,277
Farmer's support group		-	-	-	127
Market Nurses (including consumables)		19,213	-	19,213	19,995
Case worker		12,739	-	12,739	11,486
Training		4,025	-	4,025	3,207
Depreciation		156	616	772	953
Insurance		1,175	587	1,762	1,722
Promotion and publicity		-	7,821	7,821	8,305
Postage, stationery, telephone and software		-	5,247	5,247	8,015
Investors in Volunteers accreditation		2,520	-	2,520	-
		<u>39,828</u>	<u>54,945</u>	<u>94,773</u>	<u>93,271</u>
Other					
Independent examiner's report		-	600	600	600
Trustee meeting expenses		-	876	876	1,061
		-	1,476	1,476	1,661
Total		<u>39,828</u>	<u>73,021</u>	<u>112,849</u>	<u>100,837</u>
Net movement in funds		20,453	17,839	38,292	24,279
Reconciliation of funds:					
Total funds brought forward		77,596	62,528	140,124	115,845
Total funds carried forward		<u>98,049</u>	<u>80,367</u>	<u>178,416</u>	<u>140,124</u>

The notes form part of these financial statements.

Lincolnshire Rural Support Network

Balance Sheet

For the year ended 31st March 2016

	Notes	2016		2015	
		£	£	£	£
Fixed assets					
Tangible assets	3		1,179		1,951
Current assets					
Debtors	4	7,495		9,504	
Cash at bank and in hand	5	<u>232,227</u>		<u>146,008</u>	
		239,722		155,512	
Liabilities					
Creditors amounts falling due within one year	6	<u>62,485</u>		<u>17,339</u>	
Net current assets			<u>177,237</u>		<u>138,173</u>
Net assets			<u>178,416</u>		<u>140,124</u>
The funds of the charity:	7				
Unrestricted income fund			80,367		62,528
Restricted income funds			<u>98,049</u>		<u>77,596</u>
			<u>178,416</u>		<u>140,124</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31st March 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 17 October 2016 and were signed on its behalf by:

M S Ward
Chairman



C M R Holt
Treasurer



Lincolnshire Rural Support Network

Notes to the Financial Statements

For the year ended 31st March 2016

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities and the Financial Reporting Standard for Smaller Entities (effective January 2015).

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Fundraising income relating to events is recognised when the event takes place.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Depreciation

Depreciation is calculated to write down the cost of all fixed assets by equal annual instalments over their expected useful lives.

The rates generally applicable are:

Computer equipment	33%
Market equipment	33%

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with Lincolnshire Rural Support Network's charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanations of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteer contribution

Trustees and volunteers provide support to Lincolnshire Rural Support Network. It is neither practical nor feasible to place an accurate value on the time volunteered by these persons.

Lincolnshire Rural Support Network

Notes to the Financial Statements

For the year ended 31st March 2016

2. STAFF COSTS

Staff costs consist of:

	2016 £	2015 £
Wages and salaries	50,776	54,194
Social security costs	2,826	533
	<u>53,602</u>	<u>54,727</u>

Employees at year end (not full time):

	2016 No.	2015 No.
Case worker	1	1
Market nurses	2	2
Management	1	1
Administrator	2	1
	<u>6</u>	<u>5</u>

No trustee received any remuneration during the year. Trustee expenses reimbursed amounted to £876 (2015 £1,061). These were reimbursed to one trustee.

3. TANGIBLE FIXED ASSETS	Computer equipment £	Market equipment £	Total £
Cost:			
At 1 April 2015 and 31 March 2016	6,630	686	7,316
	<u>6,630</u>	<u>686</u>	<u>7,316</u>
Depreciation:			
At 1 April 2015	4,679	686	5,365
Provided during the year	772	-	772
	<u>5,451</u>	<u>686</u>	<u>6,137</u>
At 31 March 2016	5,451	686	6,137
	<u>5,451</u>	<u>686</u>	<u>6,137</u>
Net book value:			
At 31 March 2016	1,179	-	1,179
	<u>1,179</u>	<u>-</u>	<u>1,179</u>
At 31 March 2015	1,951	-	1,951
	<u>1,951</u>	<u>-</u>	<u>1,951</u>

Lincolnshire Rural Support Network

Notes to the Financial Statements

For the year ended 31st March 2016

4. DEBTORS		2016	2015
		£	£
Amounts due within one year:			
NHS funding		4,786	6,722
Prepaid expenses		1,456	1,276
Gift aid		1,093	1,346
Accrued interest		160	160
		<u>7,495</u>	<u>9,504</u>
		<u><u>7,495</u></u>	<u><u>9,504</u></u>
5. CASH AT BANK		2016	2015
		£	£
Current account		2,881	1,991
Deposit accounts		139,346	54,017
Money market account		90,000	90,000
		<u>232,227</u>	<u>146,008</u>
		<u><u>232,227</u></u>	<u><u>146,008</u></u>
6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2016	2015
		£	£
Trade creditors		-	584
Accruals		600	600
Deferred income – monies held for bi annual dinner		61,885	16,155
		<u>62,485</u>	<u>17,339</u>
		<u><u>62,485</u></u>	<u><u>17,339</u></u>
7. MOVEMENT IN FUNDS			
	At	Net	At
	1 April	movement	31 March
	2015	in funds	2016
	£	£	£
Unrestricted funds			
General fund	62,528	17,839	80,367
Restricted funds			
Donations for case worker in South Lincolnshire	15,891	5,261	21,152
Grants towards health screening facilities	61,705	8,217	69,922
Grants towards training	-	6,975	6,975
	<u>77,596</u>	<u>20,453</u>	<u>98,049</u>
	<u><u>77,596</u></u>	<u><u>20,453</u></u>	<u><u>98,049</u></u>
TOTAL FUNDS	<u><u>140,124</u></u>	<u><u>38,292</u></u>	<u><u>178,416</u></u>